

The Path of Witchcraft

DISPELL THE WITCHCRAFT MYTHS AND UNCOVER YOUR WITCHY PATH

5 Five Minute Rituals to End Your Day

These five rituals you can do in around five minutes before you go to bed! YEP!! Ok, some might take less time, some might take a smidge longer, but all you need to know is.....if you 'don't have time' to do ritual, then these 5 five minute rituals will give you a start point!!

Taking five minutes before you go to bed will re-connect you with your practice and may even help with any sleep issues!!

Hey, you've got nothing to lose...right?!

Go on! How about it?!

Have a read through and see what flies for you :) and you never know....you will likely be inspired by your own ideas!!

And....just to finish, if you would like to share your own five minute rituals (or your experiences of these rituals) with some amazing Witches, [come and join our facebook group!](#)

Bright Blessings!

xxxAngiexxx





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1. Before bed, take time to check out the night sky :) Indoors from a window, or outdoors if you can! Even if the Moon and stars are not visible, they are still out there—feel that you are part of the expanse and say a few words if you feel like it!
2. Light a small spell candle (and incense if you like - **Earth incense/** Patchouli Leaf/Myrrh/Allspice), maybe say a few words too if you like - of gratitude if that feels right :)
3. Watch the Sun as it sets. Hey...get your camera out!! Talk to the Moon (I do this one ALL the time ;)
4. Cleanse yourself of the days' energies - take a mindful shower (so, not showering as in cleaning your skin n hair, but more as a way to allow the water to energetically cleanse you - you can use visualisation and/or 'erbs too!!). If you don't fancy showering before bed, then smudge yourself with sage burning on a coal or some Palo Santo :)
5. A little Candle Majick! Scribe a small spell candle (with your Athame or a pin) with a symbol or word which embodies your wish/need/dream/desire. You can also anoint the candle with an appropriate oil as an option. As the candle burns down, visualise what you want coming to you.

Brightest Blessings on your Path of Witchcraft! xxxAngiexxx

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A Little Bit About Me :)

I'm Angie! And, yes I am a Witch, High Priestess, Soundscape Artist! Published author!! and Teacher of all things Witchy/Occult

I have, since childhood, been fascinated by what's really going on in the world....the why's and wherefores!! And realised quite early-on that there was something Witchy inside!

In my early 20's I began studying Witchcraft and almost joined a coven! Confidence was not something I had back then, and I allowed pressure from friends stop me! Over the years, I dabbled, always learning, through different media, about the magick of the world around us! But, I always kept it to myself, out of fear of what other people would think!

Time and getting older has been my best friend in being able to fully embrace my Inner Witch without fear, and with a sense of empowerment! It is this empowered Inner Witch that I am helping YOU to uncover!

As part of my mission to educate and empower people about the REAL philosophy of Witchcraft I decided to get creative and build a way to learn online - so many times I hear about fledgling Witches being overcharged for being in a Coven, or the politics of a particular group, even knowledge being shrouded in secrecy! Exasperating!!!

My stance has always been one of share the knowledge, else the Craft dies!! [The Path of Witchcraft](#) is a series of 3 courses (from the Micro Course- Embrace you inner Witch, followed by a mini-course for The Curious Novice, to a more in-depth course (under construction) which will take you even further into the occult depths of the Craft!

The courses are a part of the [wiTcHeS BaZAaR](#) philosophy, but are a separate entity too :) Brightest Blessings on your journey
xxxAngiexxx

